

UNIVERSITY OF KENTUCKY BOARD OF TRUSTEES

Trustee Lizzy Hornung, Student Body President



STUDENT GOVERNMENT ASSOCIATION (SGA) UPDATE

SGA HEADLINES AND UPDATES

- Upcoming Election – February 26 and 27
- Student Organization Funding
- Ten Principles of Mental Health
- Upcoming Federal Relations Trip to Washington, DC
- Wildcat Wardrobe Open
- Canvas Well-being tab

The screenshot shows the Canvas Well-being tab interface. On the left is a dark blue sidebar with the University of Kentucky logo and several icons representing different well-being services. The main content area is white and lists several services with their descriptions:

- Get HELP**: Find emergency resources, ask a question, or get advice related to student experiences and services on campus.
- Triage, Referral, Assistance, and Crisis Support (TRACS)**: TRACS is a physical and virtual one-stop hub where students can come to get a referral for supportive services (housing, rent, utilities, food) or receive direct clinical support for a range of mental health needs and crises.
- Talkspace**: Get convenient, personal, and professional online messaging therapy.
- Headspace**: Guided meditations for stress, focus, productivity, and more.
- Recreation Centers**: Foster your physical well-being with group fitness classes, aquatics, club sports, and more.
- Physical Wellness**: Get a healthcare professional's guidance by making an appointment to visit University Health Services. You can receive Primary, GYN, and Behavioral Health help.
- Financial Wellness**: Learn more about financial literacy and get connected with financial resources on campus to promote your financial well-being, including UK Invests.
- Safety Resources**: Protect your physical and emotional safety using these campus services and reporting forms to report safety concerns.
- Belonging**: Join supportive and inclusive environments that empower exploration, networking, and learning.

On the right side of the interface, there are partial views of course pages, including "PGY207-001: CASE STUDIES IN PHYSIC Muscle Attendance & Discussi" and "how 1 completed item". At the bottom right, the University of Kentucky logo is visible.

QUESTIONS

