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AN EQUAL OPPORTUNITY UNIVERSITY

HEALTH AND LAND-GRANT ENGAGEMENT INTERSECTION



THE POWER OF PARTNERSHIP

**“ Coming together is a beginning.
Keeping together is progress.
Working together is success. ”**

— Henry Ford

THE POWER OF PARTNERSHIP

UK HealthCare (UKHC)/UK Cooperative Extension Pilot Programming

UKHC | UK Extension: Be Healthy Bash



718
Attendees



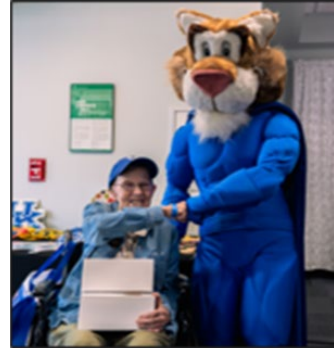
138
Volunteers



53
Tables and
vendors



25
Community and campus
partners engaged



June 8, 2024
Fayette County
Extension Office

THE POWER OF PARTNERSHIP

UK HealthCare/UK Cooperative Extension Pilot Programming

UKHC | UK Extension: Mental Health Support and Training



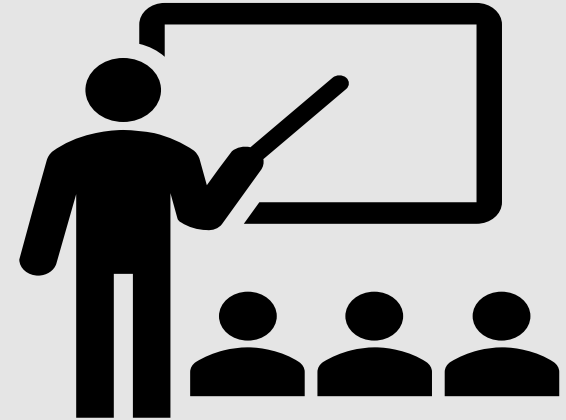
Mental Health First Aid (MHFA)

120+ Participants
27 Counties



Question, Persuade, Refer (QPR)

1,500 Kentuckians have
accessed the programming
thus far



Code Red Crisis Action Planning

Roll-out with Extension
agents scheduled for
February 2025

THE POWER OF PARTNERSHIP

UK HealthCare/UK Cooperative Extension Pilot Programming

Cook Together, Eat Together Classes

Bringing Supplemental Nutrition Assistance Program (SNAP) Education to UK HealthCare patients

Spring 2024

Cook Together, Eat Together pilot held at Lyric Theatre in collaboration with Polk Dalton Clinic, Mission Health Lexington and HealthFirst Bluegrass.

Fall 2024 Expansion

Marketing expanded to community at-large and second pilot currently underway with programs at the Fayette County Extension office.



FAMILIES IN THE KITCHEN ... COOK TOGETHER, EAT TOGETHER

GET TIPS THAT MAKE COOKING FAST, FUN & DELICIOUS

Cooking class dates & topics

- March 2: Lesson 1: Planning Meals and Grocery Shopping on a Budget
- March 16: Lesson 2: Slow-Cooker Meals
- March 30: Lesson 3: Soups & Salads
- April 13: Lesson 4: One-Pot Recipes
- April 28: Lesson 5: Breakfast
- May 11: Lesson 6: Snacks

Available class times

- Families can sign up for one of two cooking time slots:
- 9:30 a.m. - 10:20 a.m. - First slot
 - 11 a.m. to 11:50 a.m. - Second slot
- A free community fitness class—featuring Zumba or line dancing—will



HEALTHY CHOICES FOR HEALTHY FAMILIES

WEDNESDAY, JAN. 24
AND WEDNESDAY, FEB. 28
4:30 P.M.

UK HealthCare
Polk Dalton Clinic
217 Elm Tree Lane
(859) 257-8801
j.denegr@uky.edu

FREE EVENT
No advance registration
for adults or children.
No registration
required.



calling 859-257-8801, or email Jacqui Denegr at j.denegr@uky.edu. Parking is available in The or at the UK Polk-Dalton Clinic (street) at 217 Elm Tree Lane.

Funding and support provided by UK HealthCare's Healthy Kentucky Initiative.



CREATING A HEALTHIER KENTUCKY
At UK HealthCare, we're leading the way to help all Kentuckians



32 participants in total received education through the initial Polk Dalton pilot with SNAP-Ed.

Proposed Pathways for Partnership Growth

Behavioral Health

Health Disparities

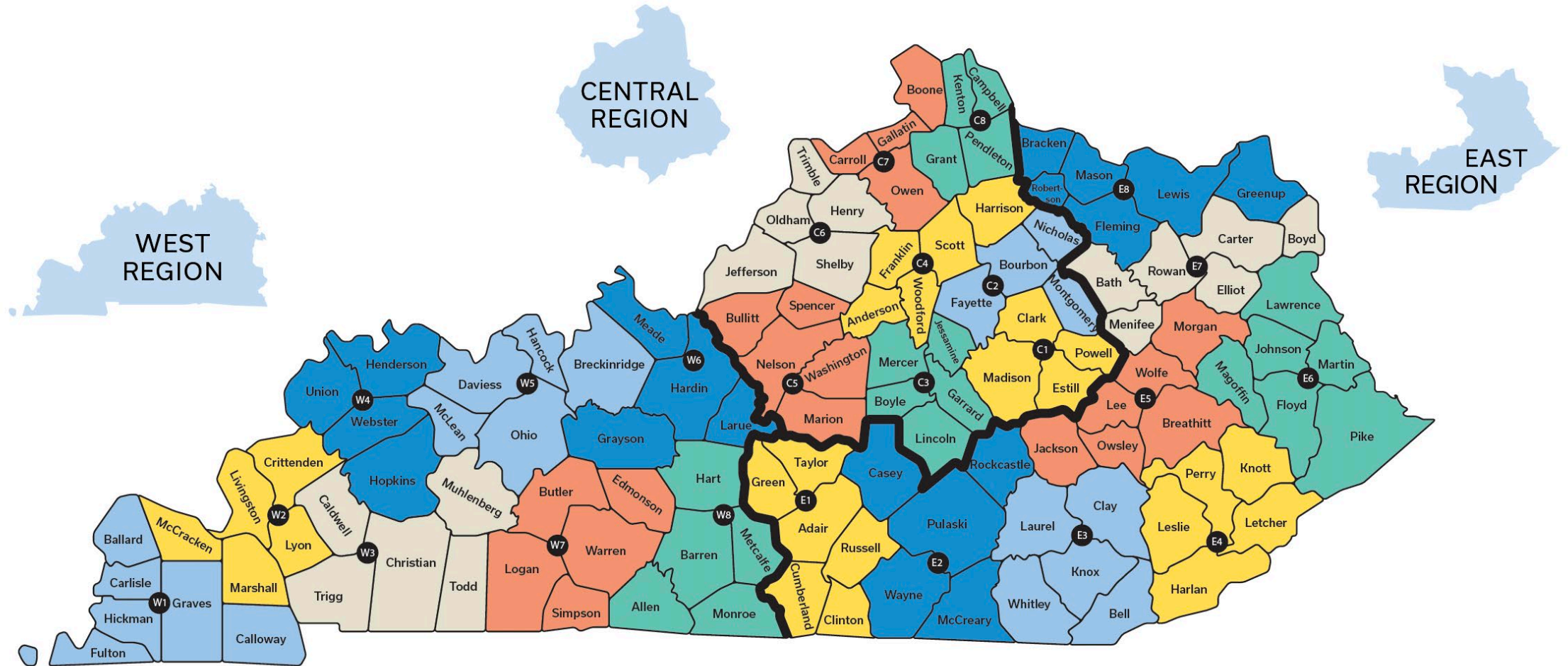
Prevention and Population Health

Workforce Pipeline

Partnership Capacity

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Extension Administrative Regions and Areas of Kentucky



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Synergizing Extension Health Partnerships



Invest in a new Extension administrative position with health background focused on maximizing Extension health partnerships and building infrastructure capacity for impact.



Review and investigate other Extension programs across the nation that successfully leverage health partnerships.



Assess and prioritize potential partnership opportunities to innovate Extension health engagement and education.



Develop a framework to build capacity to synergize future Kentucky Extension health partnerships.



Work collaboratively to build pathways to recruit, train and retain a quality health care workforce across the state.

3 Key Initiatives



1

Expanding
Academic and
Career Readiness

2

Investing in
Educators

3

Mobilizing
the Network to
Accelerate Impact



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Public Health Perspective by Dean Heather Bush



 @theNAMedicine

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To solve the fundamental challenges of population health, **we must address the full range of factors that influence a person's overall health and well-being.** Education, safe environments, housing, transportation, economic development, access to healthy foods--these are all the major social determinants of health, comprising the conditions in which people are born, live, work, and age.

-DeSalvo et al., 2017



nam.edu/Perspectives



DISCUSSION

