# UNIVERSITY OF KENTUCKY BOARD OF TRUSTEES

Kirsten Turner, Vice President for Student Success







# ACADEMIC AND STUDENT AFFAIRS COMMITTEE



- Housed within the Dean of Students, which is under the Office for Student Success
- Works in collaboration with Auxiliary Services -Housing – and is responsible for all that happens inside residence halls with ~7,500 beds
- First-time/full-time (new) students living on campus: nearly 90%
- Campus residential areas: 3
- Total personnel: 465 (>225 are student employees)
- Living learning programs: 14
- Peer mentors: 140
- Colleges represented in halls: 15
- In-hall classroom spaces: 18
- Study spaces: 1 per residential area





## Theoretical Framework

# Staff Curriculum Baxter Magolda Self-Authorship

## Phases of Self-Authorship:

- Phase 1: Following Formulas
- Phase 2: Crossroads
- Phase 3: Becoming the Author of One's Life
- Phase 4: Internal Foundation

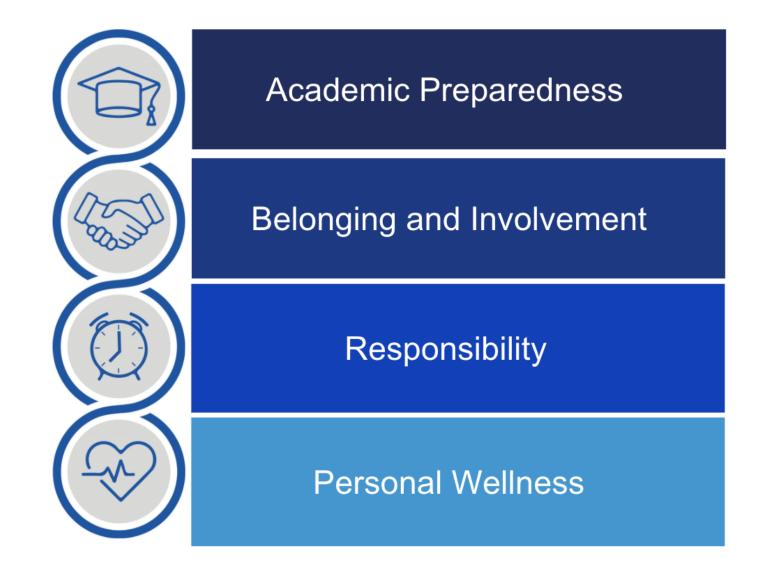
## **Student Curriculum Schlossberg's Transition Theory**

Phases of Transition Theory

- Moving in: becoming aware of the transition event
- Moving through: experiencing the effect of the transition
- Moving out: post-transition



## Learning Goals





## What are C.A.T.S. UP sessions?

C.A.T.S. UP sessions are three intentionally structured conversations each semester that are facilitated by resident advisors with residents. Each resident connection provides information on a student's well-being, roommate relationships and academic and social adjustment issues. These sessions also create more intentional and meaningful interactions between student staff and their residents.



C - CARE

A – ACADEMIC SUCCESS

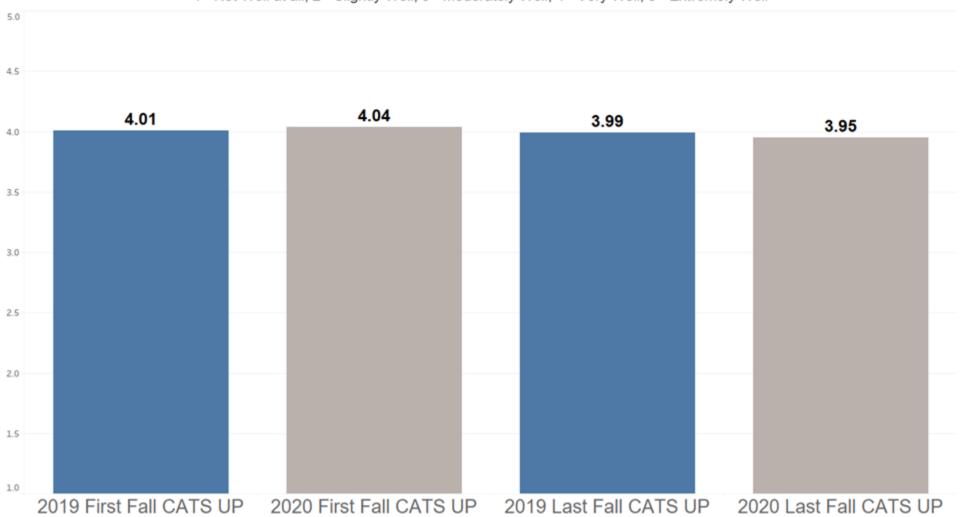
T – TIME MANAGEMENT

S – SOCIAL WELLNESS

UP - UNIQUE PLAN

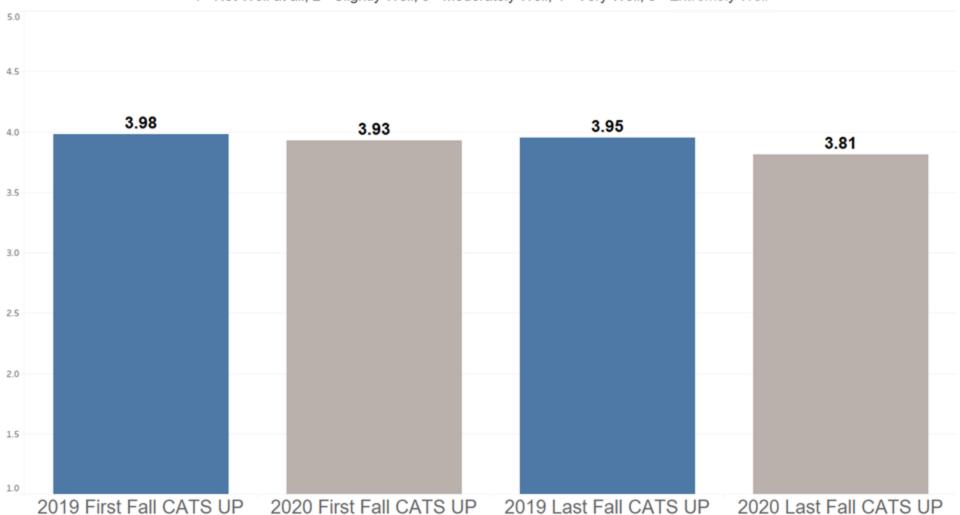


## Self-reported Physical Well-being



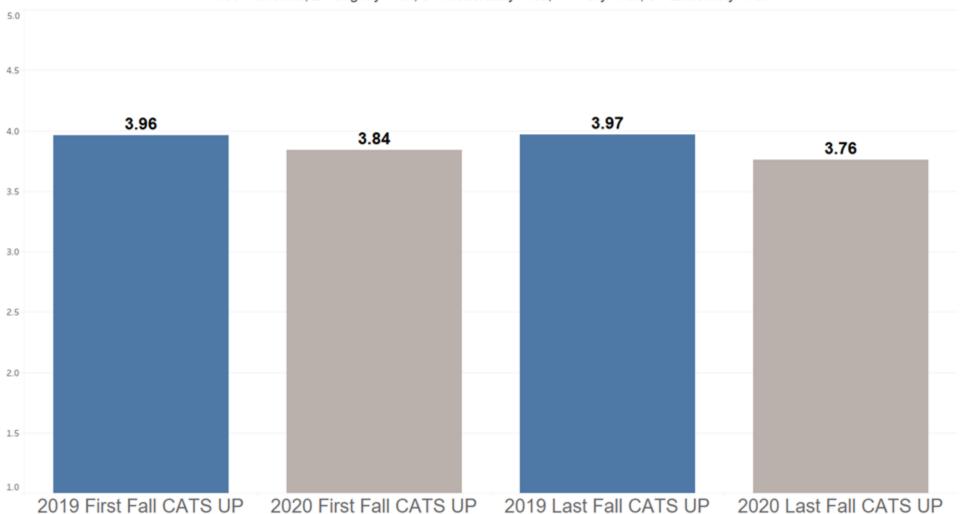


## Self-reported Academic Well-being



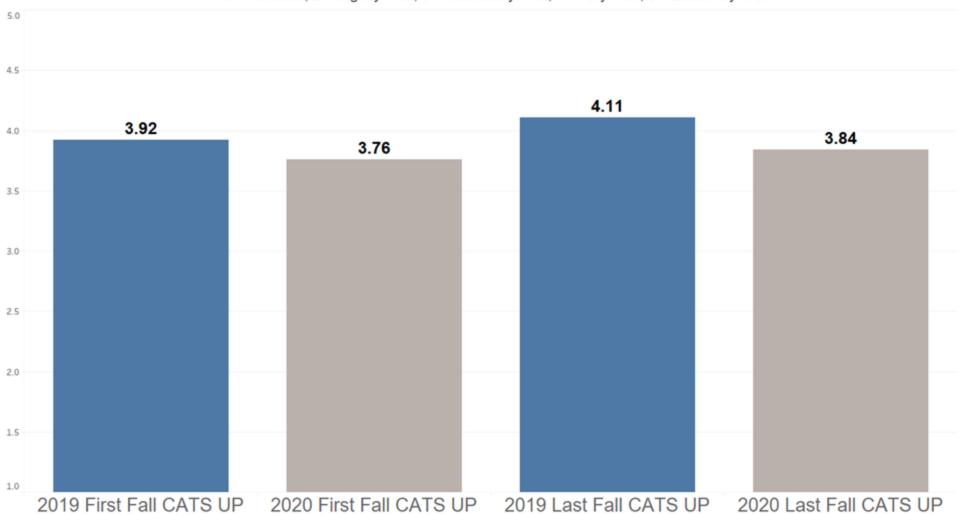


## Self-reported Emotional/Mental Well-being



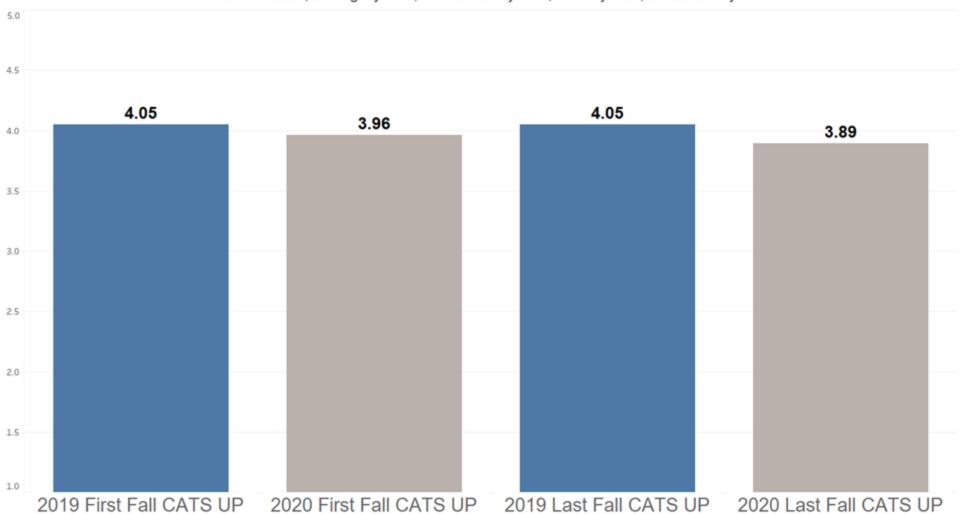


## **Self-reported Social Well-being**



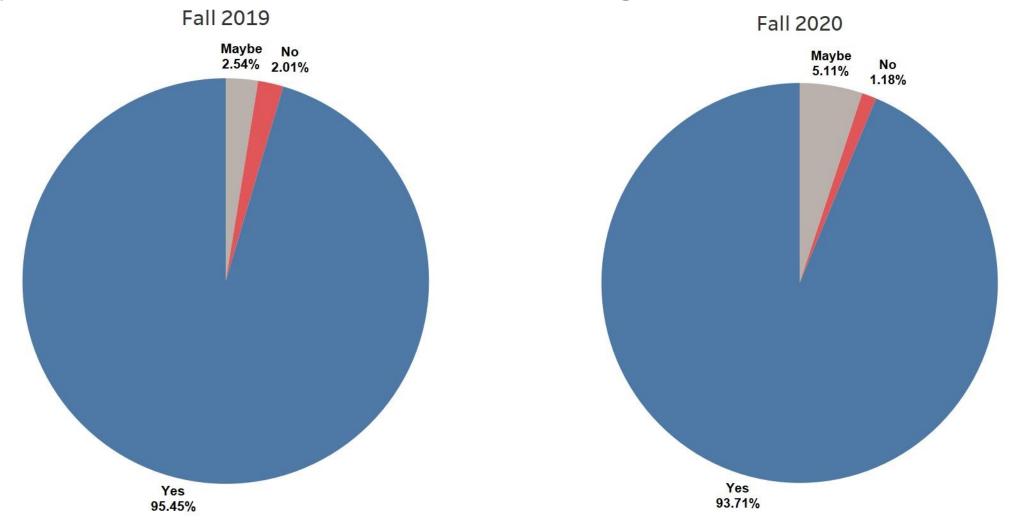


### Self-reported Overall Well-being



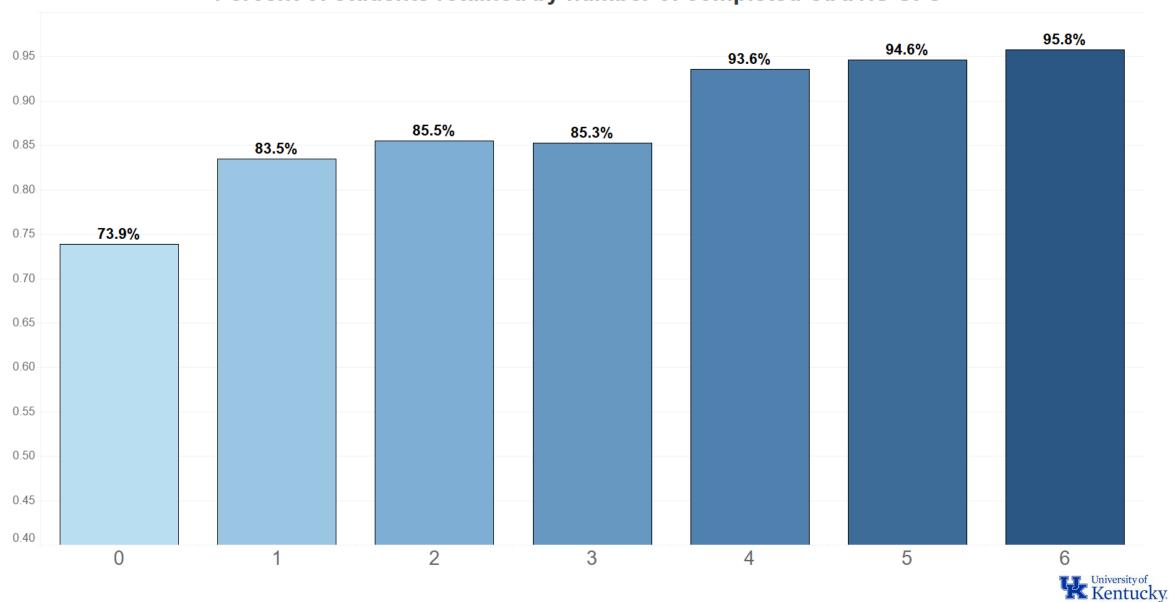


## Are you coming back to UK in the spring?

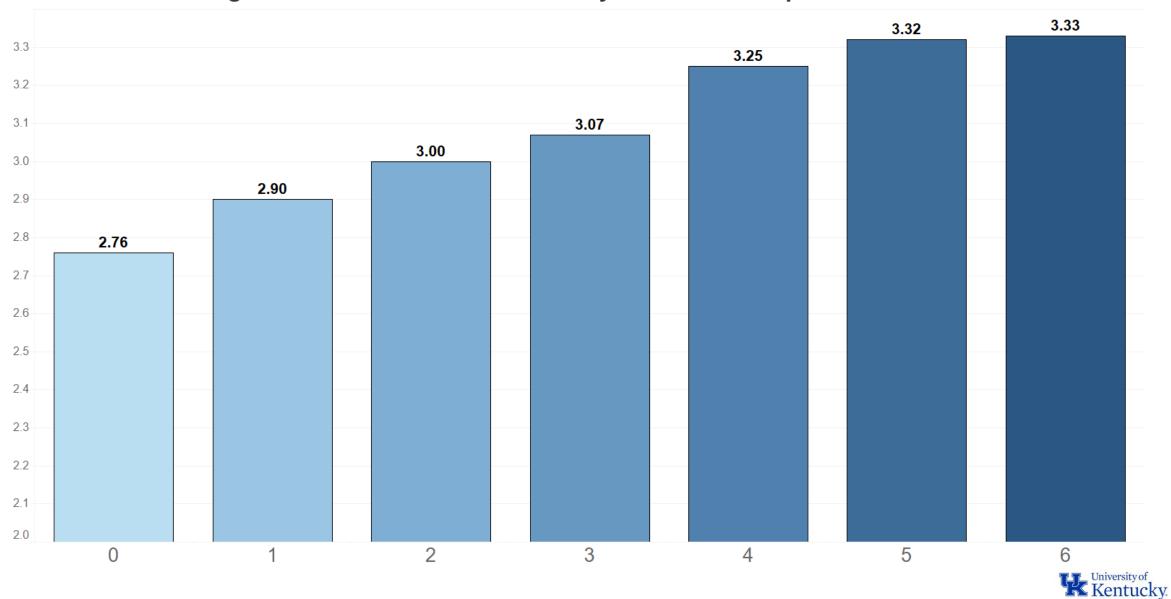




## Percent of students retained by number of completed C.A.T.S UPs



## Average cumulative GPA for students by number of completed C.A.T.S UPs



## QUESTIONS

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